॥ स्पंद ॥
Hand crafted
Ayurveda

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Your Go-to Place for Hand-crafted Ayurvedic Products

We are Spand, a leading and popular wellness company based in Indore, Madhya Pradesh. Spand is into curation and production of Ayurvedic wellness products. What makes us unique is that all our products are hand-crafted in our workshop and made from top-quality ingredients.

Sushruta, the father of Ayurveda, defined a quality drug to be the one that is born in a fertile land (prashasta deshasambhootam), properly collected (prashastechodhrutam), used in appropriate doses (yuktamatram), pleasant to the mind (manaskantam), possesses agreeable characteristic odour, color, and taste (Gandha varna rasanvitam), capable of pacifying the aggravated doshas (doshaghnam), and devoid of developing adverse effects (Avikari).

Keeping all these qualities in mind, we began crafting our exclusive Ayurveda products.

Our Product Range

01
Kashayam

(Teas)

-Pachanam
-Pavitram
-Amrutam
-Soukhyam

02
Deepam

(Candles)

-Tejas
-Abhyangam
-Santham
-Grih Deepam
-Vaastu Deepam

Handpicked herbs and oils
5000 year old ayurvedic systems
Not a medicine, but way of life

03
Soundaryam
(Skin & Bodycare)

-Mukhalepam
-Ubtanam
-Gulaab Ubtanam
-Kumkumadi Night Cream
-Foot Cream
-Hair Oil
-Body Oil
-Lip Balm

04
Rasayan
(Edibles)

-Chyawanprash
-Gulkand Mukhwas
-Shatavari

05
Sarvatopari
(Speciality)

-Dhoopam
-Arusham
-Shuddham
-Surahjeet

TEAS

Kashayam

Kashayam is an ancient form of medicine, that has been used as a remedy for cold, cough, sore throat, indigestion, detoxification and to boost the general immunity. It is a concoction, in which, selective herbs are boiled in water, till their active ingredients are infused with the water.

It contains herbs which draw toxins out of the tissues and into the digestive tract so that they can be eliminated.

Pavitram

Contains herbs, which, when consumed regularly will relax your mind aiding in sound sleep.

Soukhyam

The herbs in this tea not only boost one's immunity but also help in relieving symptoms like cough, cold and fever.

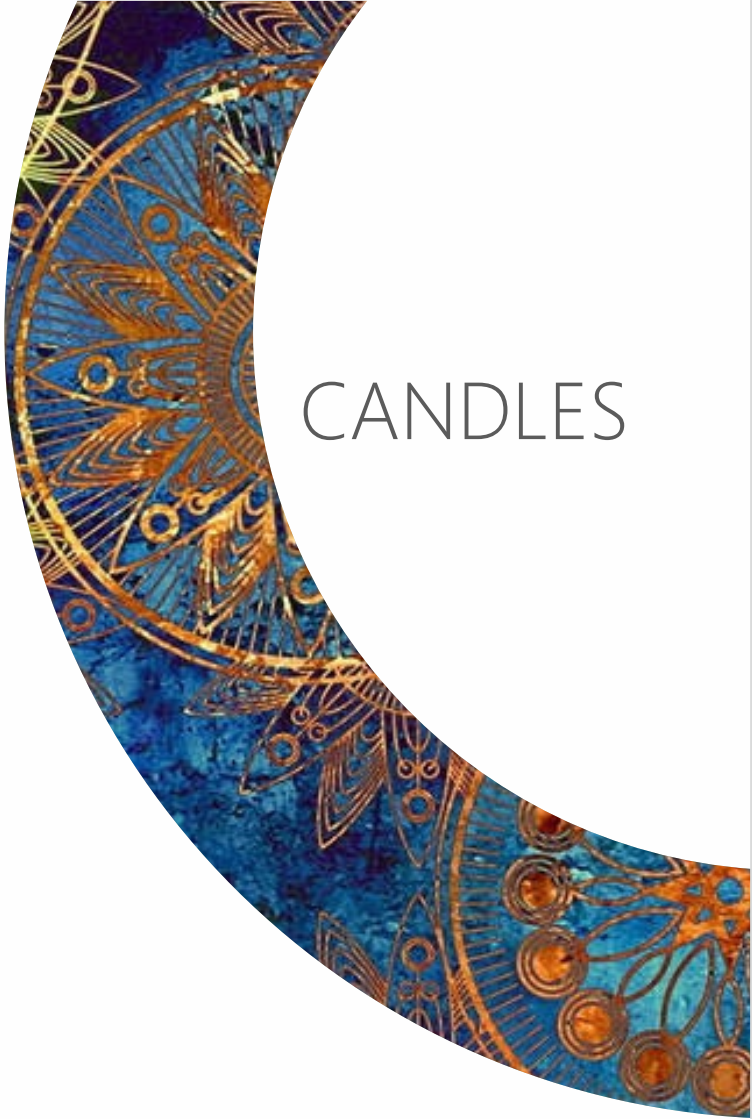
Amrutam

An Ayurvedic combination of herbs which rekindle your digestive fire and improve digestion.

Pachanam

Deepam

Unlike the regular candles, Spand deepam has its roots in ancient Indian traditions. Our deepam are a perfect blend of candles and Ayurvedic essential oils which were widely used to promote health, sanity and hope.



CANDLES

A handmade candle that will keep mosquitoes and flies away from your home.

Vaastu Deepam

A handmade massage candle with Ayurvedic medicated pain-relieving and stress-busting ingredients.

Tejas

A handmade massage candle that melts into oils, when rubbed on the skin, heals the skin, acts as a sunscreen and a moisturiser.

Abhyangam

A handmade candle with a fragrance that promotes mental calmness.

Santham

A handmade home fragrance candle. The fragrance of lemongrass is sure to provide a few moments of peace to the day.

Grih Deepam

SKIN & BODYCARE

Soundaryam

Soundaryam is not just about beauty treatments but is traditionally enhancing your natural glow, protecting against environmental pollutants and nourishment of the skin and body.

"Mukha" means face in Sanskrit and "Lepam" means exotic Ayurvedic herbal paste that adds radiance to your skin.

Mukhalepam

Ubtanam, a combination of powerful and fragrant herbs, is a traditional soap-free cleansing agent.

Ubtanam

Gulaab Ubtanam is best suited for summers. Rub the paste to have a cooling effect on tanned and burnt skin.

Gulaab Ubtanam

Kumkumadi Night Cream - Enriched with Kesar, Kumkumadi Oil and other Ayurvedic skin care herbs, helps in lightening pigmentation.

Kumkumadi Night Cream

An Ayurvedic solution to prevent and cure cracked feet and heels with the goodness of Aloevera and essential oils.

Foot Cream

Prepared in Tila Tailam, Spand Body Oil is an age-old combination of herbs that help you in "vata" disorders and keep your skin moist and supple.

Body Oil

Spand Hair Oil is an age old formula of more than 15 "Keshya" herbs infused in sesame oil.

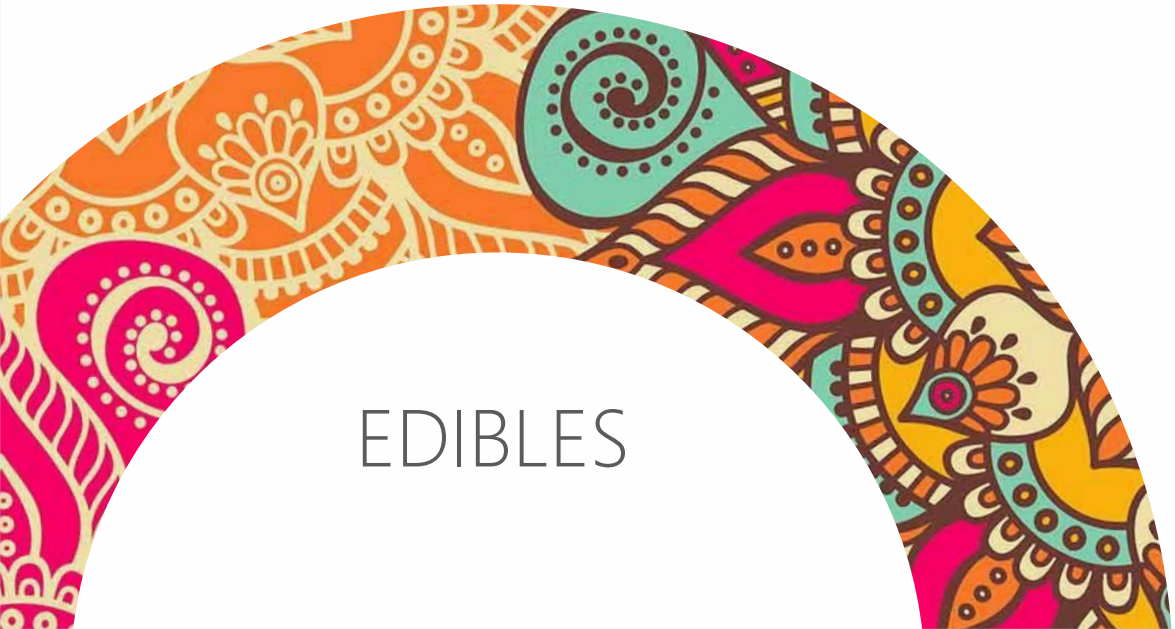
Hair Oil

The Spand Lip Balm is made with a base of Yashtimadhu ghrit which heals dry and chapped lips.

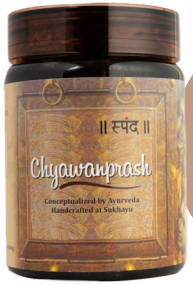
Lip Balm

Rasayan

Rasayan is a sanskrit word literally meaning path of essence. It is an early ayurvedic medical term referring to techniques for lengthening lifespans and invigorating the body. It is one of the eight areas of medicine in Sanskrit literature



EDIBLES



We, at Spand, prepare a limited quantity of Chyawanprash with fresh amlas of the season as mentioned in the ancient text of Ayurveda, the 'Charak Samhita.There are no added preservatives or flavours.

Chyawanprash

Made using organic handpicked roses from the farms of Indore and mishri. It is fortified with Praval Pishti which is beneficial in Pitta Vridhi or excessive body heat. We also add elaichi and saunf making it a perfect blend for our sweet tooths as well as keeping you healthy.

Gulkand Mukhwas

Shatavari, referred to as the "Queen of Herbs" has a wide range of health benefits, particularly for women. Among several other benefits, Shatavari is anti-inflammatory, anti-anxiety, and immunity-boosting.

Shatavari

Sarvatopari

While our entire range was personal use products, we realised only personal hygiene is not entirely sufficient. It is necessary to be mindful of our surroundings too. Thus giving birth to our speciality range.

"Rakshoghna"or antimicrobial herbs mentioned in Ayurveda along with cow dung, ghee, and coconut oil and rolled them into Dhoopam, a perfect product for fumigating the space you live in.

Dhoopam

This is a product specially designed for disinfecting your closets and drawers and leaving them fresh and odour free.

Shudhham

Surah-Jeet is a combination of liver-protective herbs for prevention and cure of alcohol hangover.

Surah-Jeet

Arusham is a pain-relieving balm. All the ingredients used in this balm have anti-inflammatory, antispasmodic, and pain-relieving properties.

Arusham

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Mind Ritual
De stress & energise
with mind ritual.

Home Ritual
Sanitize & energise
with home ritual.

Bath Ritual
Cleanse & energise
with bath ritual.

Rituals

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Pichwai

-Celebrating Devotion

Products for the betterment of one's physical and mental well-being.

Tyohar

-Celebrating Tradition

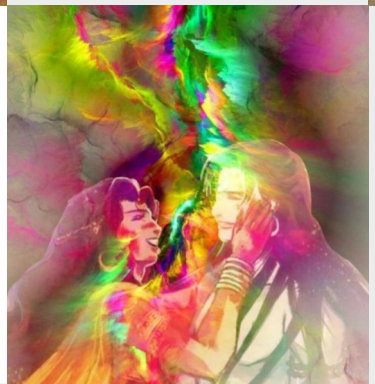
Products that get you ready for the festival, enjoy the festival and take care of yourself post the festivities.

Jashn

-Celebrating Life

Products that get you ready for the celebration, enjoy the celebration and take care of yourself post the celebration.

Traditions



Raas Leela

-Celebrating Romance

Products that are all about the couple.

Our Team

Surajit Mitra
Venture Catalyst

Dr. Veena Naik
Chief Curator

Chetan Naik
Entrepreneur Mentor

Vishal Parvatkar
Sales Hunter

Kunal Sachar
Social Media Evangelist

SPAND

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Precious
Aura
Natural
Devotional

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